

Solution-Focused Brief Therapy with OISE CONTINUING AND PROFESSIONAL LEARNING

Couple and Family

Explore how theory, assumptions and techniques of solution-focused counselling can be applied in therapy with couples and families. Develop the skills to work with couples and families and help them achieve their goals and strengthen their relationships.

Fall 2018:



| Course | Course Code | Tuition Fee |
|-------------------|-------------|-------------|
| Couple and Family | COMM-CNF | \$375 |



Sessional Facilitator:

Constantina (Dina) Nanos-Bednar

Dina is a Registered Marriage and Family Therapist, a registered psychotherapist and an AAMFT Approved Supervisor. She works at a children's mental health clinic in Hamilton, Ontario. Dina provides training throughout Canada and internationally on Solution-focused therapy and single session therapy and is an adamant researcher into practice-based evidence.



Delivery: 12 Hours In-Person on November 30 & December 1, 2018



This course has been approved for 12 continuing education credits by the Canadian Counselling and Psychotherapy Association (CCPA) and Ontario Psychological Association (OPA).